

Responsible drinking

Helping people make informed choices about alcohol.



Operating Machinery

Don't operate machinery if you've been drinking.

Alcohol affects your vision, judgement, concentration and reaction time.

That's why you shouldn't operate dangerous machinery or tools if you've been drinking. Things can and do go wrong. You need to be alert and in control to make sure that you're not putting yourself or others at risk.

Particularly hazardous machinery and tools include:

- Wood processing machinery
- Cutting tools
- Electrical equipment
- Farm machinery
- Heating or burning tools (such as blow torches)
- Ladders (anything that means you're working at heights)
- Motorised machinery
- Machinery with guards
- Machinery with exposed moving parts.

You shouldn't operate dangerous machinery or tools if you've been drinking.

The answer is to think ahead and plan ahead. Don't drink if you know you are about to use dangerous machinery or tools.

And always finish the job before having a drink!

When operating dangerous machinery, please remember:

- You need to be alert and in control. Alcohol affects vision, judgement, concentration, coordination and reaction time.
- Don't use machinery or dangerous tools if you've been drinking.

Take action

Think ahead and plan accordingly to protect your safety. Do not drink alcohol if you are about to use dangerous machinery or tools.

www.aboutalcohol.com

These sites contain further information that you may find useful.

Other websites

www.alcoholinfo.nl
www.jellinek.nl
www.trimbos.nl
www.drinkaware.co.uk
www.aa-nederland.nl
www.tactus.nl

www.alcoholondercontrole.nl
www.spreekbeurten.info/alcohol
www.alcoholenik.nl
www.stichting-be-aware.nl
www.verslaving.nl
www.laetzenietverzuipen.nl



For people above legal drinking age only



Don't drink and drive



Don't drink while pregnant

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